



SPA MENU

Bliss | USD 80 | 60 minutes

Melt away any deep seated tension with a combination of massage techniques including kneading and pressure point stimulation. Your therapist will tailor make your massage to focus on areas on your body that hold fatigue and require extra care.

Akiang'a | USD 70 | 45 minutes

In Turkana, 'Akiang'a' means 'to rest'. This indulgent session begins with a soothing ritual as warm herbal paste is delicately applied and wrapped around the feet and legs. The herbal infusion works its magic, allowing a few minutes of tranquility for the paste to absorb, imparting a sense of calmness and promoting relief from fatigue. The herbal paste is gently scrubbed off, unveiling feet that feel not only refreshed but remarkably soft. The journey of serenity continues with a skillful leg and foot massage, expertly administered to release tension and melt away any lingering fatigue. As the relaxation deepens, the experience concludes with a decadent shoulder and neck massage. This targeted massage not only addresses tension in the upper body but also fosters a state of profound relaxation.

Exhale | USD 100 | 90 minutes

Start your treatment with a warm foot soak enhanced with fresh herbs. A steam inhalation of mint, lemon grass and holy basil will open up your airways and further enhance relaxation. Warm oil is then used to massage tired achy muscles. The heat from the oil alongside expertly conducted massage will enhance relaxation.

Tuliza mawazo | USD 160 | 2hrs, 15 minutes

In Kiswahili, 'Tuliza Mawaso' means 'calm your thoughts'. Start your treatment with a full body scrub which will exfoliate dry dead skin. Next a luxurious shower enhanced with Bliss shower melts will clear your airways and have you breathing better. A therapeutic massage follows. Here the therapist focuses on muscles that are tense or overly tired. The treatment ends with a hydrating masque applied on your whole body and a blanket to further warm and soothe you. Experience rest in the wilderness.